



401(a) and 457 Retirement Education Seminars



GROW YOUR KNOWLEDGE

APRIL/MAY

Focus on finance and attend a retirement seminar at no cost to you.

As a Government of the District of Columbia employee, you are automatically enrolled in the DC 401(a) Retirement Plan after you complete one year of service. This means the District contributes an amount equal to 5% of your salary (5.5% for detention officers). A DC 401(a) Retirement Plan participant is anyone hired for the first time on October 1, 1987 or later.

You also have access to the 457 Plan (DCPlus), a voluntary savings plan to help you save even more for retirement. By saving with DCPlus, you reduce your current taxable income through pre-tax contributions. Any earnings accumulate tax deferred until you withdraw the money. If you are not participating, take this opportunity to learn more and join the Plan!

SEMINAR TOPIC	TRACK	DATE	TIME	AGENCY	LOCATION
APRIL 2014					
Getting Started: Financial Literacy Education	Track 1	4/7	12:00 - 1:00 pm	Open	441 4th Street NW, Suite 330 S
Life Events: The Sandwich Generation	Track 4	4/8	12:00 - 1:00 pm	Open	441 4th Street NW, Suite 330 S
Getting Started: Retirement Planning	Track 1	4/9	11:00am - 12:30pm	MPD	300 Indiana Ave NW Room 6061
Getting Started: Retirement Planning	Track 1	4/10	11:00am - 12:30pm	MPD	300 Indiana Ave NW Room 6061
Behavioral Finance	Track 4	4/10	11:00am - 12:30pm	Public Service Commission	1333 H Street NW, 6th Floor
Retirement Planning	Track 1	4/15	12:00 - 1:00 pm	Dept of Health (DOH)	899 North Capital St. NE - Room 407
457 Enrollment Seminar	n/a	4/16	11:00am - 12:30pm	DOES	4058 Minnesota Ave NE
Financial Literacy Education	Track 1	4/16	11:30am - 12:30pm	DOC	1901 D St SE
Staying on Track: Investors Behavior	Track 2	4/16	9:00am - 3:00pm	DC Housing	1133 N Cap Street NE
Staying on Track: Investors Behavior	Track 2	4/17	12:00 - 1:00 pm	Open	441 4th Street NW, Suite 330 S
Retirement Planning	Track 1	4/17	12:00 - 1:00pm	OUC	2720 Martin Luther King Jr Ave, SE
Lobby Day	n/a	4/17	12:00 - 4:00pm	OUC	2720 Martin Luther King Jr Ave, SE
Staying on Track: Investors Behavior	Track 2	4/17	8:00am - 9:30 am	Fire and EMS	4811 MacArthur Blvd NW
Lobby Day	Track 3	4/17	9:00am - 2:00pm	DOES	4058 Minnesota Ave NE
Financial Literacy Education	Track 1	4/17	9:30am - 10:30am	Fire and EMS	500 F St NW
Preparing to Retire: Retirement Plan Roll-Over Options	Track 3	4/18	12:00 - 1:00 pm	OCFO	1101 4th Street SW, Suite 854
Getting Started: Retirement Planning	Track 1	4/19	8:30am - 10:00pm	Fire and EMS	2225 M Street NW
Lobby Day	n/a	4/22	10:00am - 3:00pm	DDS	1125 15th Street NW,
Retirement Planning	Track 1	4/23	9:00am - 10:30am	Fire and EMS	1617 U St NW
Retirement Planning	Track 1	4/26	9:00Am - 10:30Am	Fire And Ems	2219 G St Nw
Staying on Track: Investors Behavior	Track 2	4/29	11:45am - 1:45pm	Library	DC Convention Center

401(A) AND 457 RETIREMENT EDUCATION SEMINARS

SEMINAR TOPIC	TRACK	DATE	TIME	AGENCY	LOCATION
APRIL 2014 CONTINUED					
Retirement Planning	Track 1	4/29	12:00 - 1:00pm	DDOT	55 M St SE - Room 439
Retirement Planning	Track 1	4/30	1:00pm - 2:00pm	DDOT	2000 14th St. Reeves Center 2nd Floor
Whats your retirement Plan	n/a	4/30	10:00am - 12:00	OFT	441 4th Street NW, Suite 400
Preparing to Retire: Retirement Plan Roll-Over Options	Track 3	4/18	12:00 - 1:00 pm	OCFO	1101 4th St SW, Suite 854
MAY 2014					
Staying the Course	Track 2	5/2	12:00 - 1:30pm	Open	441 4th Street NW, Suite 844
Asset Allocation	n/a	5/3	9:00am - 10:30am	Fire and EMS	1520 C Street SE
Staying the Course	Track 2	5/7	12:00 - 1:30pm	Open	441 4th Street NW, Suite 844
Asset Allocation	n/a	5/7	4:30pm - 5:30pm	DOC	1901 D Street SE
Retirement Planning	Track 1	5/8	9:00am - 10:00am	DDOT	1100 4th Street, SW- Suite 300
Asset Allocation	n/a	5/8	9:00am - 10:00am	Fire and EMS	1617 U Street NW
Three-Legs of Retirement	Track 3	5/9	12:00 - 1:30pm	OCFO	1101 4th Street SW, Suite 854
401a & 457 Educational Seminar	n/a	5/9	2:00pm - 3:00pm	DDOT	414 Farragut Street, NE
Behavioral Finance	Track 4	5/14	9:00am - 3:00pm	Housing	1133 N Cap.
Behavioral Finance	Track 4	5/20	10:00am - 11:00am	DCWASA	5500 Overlook Ave SW, Main HQ, Boardroom 407
Behavioral Finance	Track 4	5/20	12:00 - 1:00pm	DCWASA	5500 Overlook Ave SW, Main HQ, Room A
Behavioral Finance	Track 4	5/21	8:00am - 9:00am	DCWASA	301 Bryant Street ,NW, Auditorium
Behavioral Finance	Track 4	5/22	7:30pm - 8:30pm	DCWASA	125 O Street SE, Building F
Behavioral Finance	Track 4	5/22	12:00 - 1:00pm	DCWASA	80 M Street SE, Room A
Staying the Course	Track 2	5/27	12:00 - 1:30pm	Open	441 4th Street NW, Suite 844

SCAN THE CODE TO REGISTER ONLINE OR CALL:

401(a) Plan: <http://dc401a.ingplans.com> | 1-202-442-9749

457(b) Plan: www.ingretirementplans.com/custom/dc | 1-202-442-9640



You can meet with an ING representative to review your Plan account(s) or enroll in the DCPlus 457(b) Plan at any time. Call the respective Plan Information Line to schedule an appointment or stop by the local office at 441 4th Street, NW, Room 340 North.

You should consider the investment objectives, risks, and charges and expenses of the variable product and its underlying fund options; or mutual funds offered through a retirement plan, carefully before investing. The prospectuses/prospectus summaries containing this and other information can be obtained by contacting your local representative. Please read the information carefully before investing.

Insurance products issued by ING Life Insurance and Annuity Company. Securities distributed through ING Financial Advisers, LLC (member SIPC), One Orange Way, Windsor, CT 06095-4774 or other Broker-Dealers with which ING has selling agreements. 167423 3027327.G.P-1